

Name: _____

MY LENTEN JOURNEY

What I will do to make things better in Lent



I want to
pray for:

I can say this:



I want to **fast** by giving
up or using less:

I can do this:



I want to **give**:

I can do this:

My Lenten Diary

Lent lasts for forty days. You can use these boxes to make a diary about your Lenten Journey. Write or draw how you feel or what you have learned. You may want to use one box each Sunday for each of the five Sundays between Ash Wednesday and Palm Sunday.



Ash Wednesday

Date:

Date:

Date:

Date:

Date:



Palm Sunday