Second Sunday in Lent

Sunday, March 8, 2020
11 a.m. Holy Eucharist
Welcome to Grace Cathedral

Welcome to this sacred place where we are reimagining church with courage, joy and wonder.

Every year we choose a theme to help us explore new ideas and to listen for God’s calling. **In 2020 our theme is the Year of Bridges.** With the 150th anniversary of African American male suffrage, the 100th anniversary of women’s suffrage, the 75th anniversary of the United Nations and the November elections, we will explore how to heal divisions, reach across to what is new and form connections with people who differ from us.

This year we will listen together, eat together and study what others are experiencing, how others find holiness. We invite you to build your own bridges and to find a connection with this joyful community, even if your visit is short. How is God inviting you to be more truly alive today?

May God bless you in this holy place!

— The Very Rev. Dr. Malcolm Clemens Young, Dean of Grace Cathedral

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- **If you are new to Grace Cathedral**, please introduce yourself and fill out a welcome card so we can be in touch with you. We’re glad you’re here!
- **Join us for coffee and conversation** across the plaza in the Chapter House after the 8:30 a.m. service and downstairs in Gresham hall after the 11 a.m. service.

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**about today’s readings**

Exodus 17:1-7; Romans 5:1-11; John 4:5-42

*Reading texts can be found at the end of the service leaflet*

Suffering often causes us to question whether God cares for us or not – or even whether God exists. In Exodus 17, the formerly enslaved people of Israel find themselves suffering in the desert with no water. They become angry with God and focus their terror and rage on Moses. Barely escaping with his life, Moses provides water for the people. But the experience of testing and quarreling with God becomes a remembered crash site in their pilgrimage – the place is named “Massah and Meribah” – literally, “test and quarrel!”

We all thirst for water. But “thirst” is also a metaphor for the deepest longings of the human heart – for love, meaning and justice. In the Gospel, Jesus asks for a drink of water from a Samaritan woman, at the very place of a dispute between deeply alienated people groups. His offer to give her water – not physical, but spiritual water – will lead to a transformation of her life and of her village, who come to believe that Jesus “is truly the savior of the world.”

Lent is a season to soften our hearts and seek the living water that Jesus still offers. The reading from Romans reminds us of what that living water really is: it is God’s presence with us through the Holy Spirit. To drink is to open ourselves to “peace with God,” to “hope that does not disappoint us” and to “love being poured into our hearts.”

Are you thirsty for this water?

— Scot Sherman is executive director of Newbigin House of Studies, an ecumenical center for theological education. He is a candidate for ordination to the priesthood in the Episcopal Church and a member of Grace Cathedral.

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**The Forum with Dr. Hatem Bazian**

*Today • 9:30 a.m. • Gresham Hall*

The co-founder and Professor of Islamic Law and Theology at Zaytuna College, the first accredited Muslim Liberal Arts College in the United States, in a conversation on Palestine and Palestinians.

**Spring Benefit Concert with Little Opera**

*Today • 4 p.m. • Cathedral*

Student and professional singers perform pieces written in Little Opera’s classrooms. All proceeds benefit the student scholarship fund. Tickets at gracecathedral.org and at door.

**Lenten Bible Study with the Dean**

*Mondays in Lent, March 2 - 30 • 7 p.m. • Chapter Room*

Take a deep dive with our dean, Malcolm Young into the Scripture readings for the Sundays in Lent.
The Holy Eucharist
The Second Sunday in Lent • 8 March 2020 • 11 am

Ask an usher about nursery care and Sunday school, hearing assistance devices, or large-print leaflets. Restrooms are located on the lower level corridor. Please silence any audible electronics and refrain from taking video or photos during the service.

Voluntary
Prelude on Foundation
Lee Hastings Bristol, Jr.

The Gathering
The people stand as the procession enters.

Introit
Sung by the choir.
Edwin George Monk
(Psalm 22:22-27; see BCP p. 611 for text.)

Hymn 636
Sung by all, standing.
Foundation

1 How firm a founda - tion, ye saints of the Lord,
2 “Fear not, I am with thee; O be not dis - mayed!
3 When through the deep wa - ters I call thee to go,
4 When through fier - y tri - als thy path - way shall lie,
5 The soul that to Je - sus hath fled for re - pose,

1 is laid for your faith in God's ex - cel - lent word!
2 For I am thy God and will still give thee aid.
3 the riv - ers of woe shall not thee o - ver - flow;
4 my grace, all suf - fi - cient, shall be thy sup - ply;
5 I will not, I will not de - sert to its foes;

1 What more can God say than to you hath been said,
2 I’ll strength - en thee, help thee, and cause thee to stand,
3 for I will be with thee, thy trou - bles to bless,
4 the flame shall not hurt thee; I on - ly de - sign
5 that soul, though all hell shall en - deav - or to shake,

1 to you that for re - fuge to Je - sus have fled?
2 up - held by my right - eous, om - ni - po - tent hand.
3 and sanc - ti - fy to thee thy deep - est dis - tress.
4 thy dross to con - sume, and thy gold to re - fine.
5 I'll ne - ver, no, ne - ver, no, ne - ver for - sake!

text: Adapted for local use from a text by K. in John Rippon's Selection, 1787, alt.; music: melody from The Sacred Harp, 1844; harm. Calvin Hampton (1938-1984); alt. Harm. Eugene W. Hancock (b. 1929)
Opening Acclamation

**Presider**  Blessed be the God of our salvation.

**People**  Who bears our burdens and forgives our sins.

The Collect for Purity  

Led by the presider.  p. 355, *The Book of Common Prayer*

The Confession of Sin  

All may kneel or stand.

**Deacon**  Let us confess our sins to God.

**All**  God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created.

We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The presider pronounces God’s absolution.

Kyrie Eleison

Sung in English. Leo Sowerby  

Communion Service in C major

**Choir**  Lord, have mercy. Christ, have mercy. Lord, have mercy.

The Collect of the Day  

The people stand.

**Presider**  May God be with you.

**People**  And also with you.

Let us pray. O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.

The Word of God

Readings can be found at the end of this service leaflet.

The First Reading  

The people sit.  Genesis 12:1-4a

**Reader**  The Word of the Lord.

**People**  Thanks be to God.

Psalm 121

H. Walford Davies

**Choir, then All**  My help comes from the Lord, the maker of heaven and earth.

I lift up my eyes to the hills; *
from where is my help to come?
My help comes from the Lord, *
the maker of heaven and earth. 
The Lord will not let your foot be moved *
and the One who watches over you will not fall asleep.
Behold, the One who keeps watch over Israel *
shall neither slumber nor sleep;
My help comes from the Lord, the maker of heaven and earth.
It is the LORD who watches over you; *
the LORD is your shade at your right hand,
So that the sun shall not strike you by day, *
nor the moon by night.
The LORD shall preserve you from all evil; *
the LORD shall keep you safe.
The LORD shall watch over your going out and your coming in, *
from this time forth for evermore.
My help comes from the LORD, the maker of heaven and earth.

The Second Reading

Romans 4:1-5, 13-17

Reader The Word of the Lord.
People Thanks be to God.

Hymn 439

Sung by all, standing. Wondrous Love

What won-drous love is this, O my soul, O my soul! What
to God and to the Lamb, I will sing, I will sing, to
And when from death I’m free, I’ll sing on, I’ll sing on, and
won-drous love is this, O my soul! What won-drous love is this that
God and to the Lamb, I will sing. To God and to the Lamb who
when from death I’m free, I’ll sing on. And when from death I’m free I’ll
caused the God of bliss to lay a-side a crown for my
is the great I AM, while mil-lions join the theme, I will
sing and joy-ful be, and through e-ter-ni-ty I’ll sing
soul, for my soul, to lay a-side a crown for my soul.
sing, I will sing, while mil-lions join the theme I will sing.
on, I’ll sing on, and through e-ter-ni-ty I’ll sing on.

text: Adapted for local use from an American folk hymn, ca. 1835; music: from The Southern Harmony, 1835

The Holy Gospel

John 3:1-17

Before the Gospel The Holy Gospel of our Savior Jesus Christ according to John.
All Glory to you, Lord Christ.

After the Gospel The Gospel of the Lord.
All Praise to you, Lord Christ.

The Sermon

A period of silence may follow.

The people sit. The Very Rev. Dr. Malcolm Clemens Young
Dean
The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

After each petition Have mercy on us. The presider adds a concluding collect.

The Peace

Presider The peace of Christ be always with you.
All And also with you. All may greet each other in the name of Christ.

Welcome

The Holy Communion

Offertory Sentence An offering will be received. Thank you for your generosity.

Anthem

Choir I will lift up my eyes unto the hills, from whence cometh my help. My help cometh from the Lord, which made heaven and earth. He will not suffer thy foot to be moved; he that keepeth thee will not slumber nor sleep. My help cometh from the Lord, which made heaven and earth. The Lord is thy keeper, thy shade upon thy right hand. The sun shall not smite thee by day, nor the moon at night. The Lord shall preserve thee from all evil, he shall preserve thy soul. The Lord shall preserve thy going out and thy coming in from this time forth, and even forevermore. Amen

The people stand as the people’s offerings of bread, wine, and money are placed on the Altar.

The Great Thanksgiving

Presider The Lord be with you.
All And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Presider, continuing ... who for ever sing this hymn to proclaim the glory of your name:
Sanctus

Sung by all. Plainsong

Presider, continuing
Therefore we proclaim the mystery of faith:
All
Christ has died.
Christ is risen.
Christ will come again.

Presider, concluding
... all honor and glory is yours, almighty Father, now and for ever.
All
AMEN

Presider
As our Savior Christ has taught us, we now pray,

Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins
as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours,
now and for ever. Amen.
The Breaking of the Bread

The Bread is broken; silence is kept.

Choir

Christ our Passover is sacrificed for us;

People

Therefore let us keep the feast.

Invitation to Communion

The presider invites the people to come forward for Communion. All who seek God and are drawn to Christ are welcome at God’s table. Gluten-free Communion wafers are available at the north altar rail; please ask the Communion minister.

It is our custom to consume the Bread and sip the Wine directly from the cup. You are invited to guide the cup by grasping its base. If you choose not to receive either the Bread or the Wine, simply cross your arms over your chest and respond “Amen” when it is presented.

Ministers are available for shared prayer for healing in the AIDS Interfaith Chapel at the rear of the cathedral.

Agnus Dei

Sung in English. Sowerby

Choir

Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

Motet

Sung in Latin. John Blow

Choir

O Savior of the world, who by thy cross and precious blood hast redeemed us, save us and help us, we humbly beseech thee, O Lord.

Postcommunion Prayer

After all have received Communion, the people stand.

Presider

Let us pray.

All

Almighty and everliving God,
we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries that we are living members of the Body of your Son and heirs of your eternal kingdom.
And now, Father, send us out to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.
The Sending Forth

Hymn 401

Sung by all, standing.

Leoni

1. The God of Abraham praise, who reigns enthroned above;
2. The great I am has sworn: I on this oath depend;
3. The goodly land I see with peace and plenty blest;
4. Triumphant hosts on high give thanks eternally

1. Ancient of everlasting days, and God of love;
2. I shall, on eagle wings upborne, to heaven ascend:
3. A land of sacred liberty, and endless rest.
4. And "Ho, ho, ho, ho-ly" cry, "great Trinity!"

1. The Lord, the great I AM, by earth and heaven confessed:
2. I shall behold God's face, I shall God's power adore,
3. There milk and honey flow, and oil and wine abound,
4. Hail Sarah's God and ours! One might-y hymn we raise:

1. We bow and bless the sacred Name for ever blest.
2. And sing the wonders of God's grace for ever more.
3. And trees of life for ever grow with mercy crowned.
4. All power and majesty be yours and endless praise!


The Prayer Over the People

Deacon Let us bow down before the Lord.
All may kneel or stand; silence is kept.

Presider Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, we may be upheld by your divine protection; through Christ our Lord. Amen.

The Dismissal

All may stand.

Deacon Let us go forth in the name of Christ.
All Thanks be to God.

Voluntary

Solemn Procession, from Suite No. 2

Calvin Hampton
**Readings**

**Genesis 12:1-4a**

Now the Lord said to Abram, ‘Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.’

So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

**Romans 4:1-5, 13-17**

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? ‘Abraham believed God, and it was reckoned to him as righteousness.’ Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, ‘I have made you the father of many nations’) — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

**John 3:1-17**

Now there was a Pharisee named Nicodemus, a leader of the council. He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, “You must be born from above.” The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ Nicodemus said to him, ‘How can these things be?’ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?’

‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.’

‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.’

Serving the assembly:

**Presider** The Rev. Canon Dr. Ellen Clark-King, Vice Dean and Canon for Social Justice

**Homilist** The Very Rev. Dr. Malcolm Clemens Young, Dean

**Deacon** The Rev. Davidson Bidwell-Waite, Assisting Clergy

**Lay Assistant** Claire Griffin

**Readers** Kim Kaso

Jeanine Alexander

**Musicians** The Cathedral Choir of Men and Boys

Kevin Fox, Voice and Music Theory Instructor

Christopher Keady, Assistant Director of Music

John Poynter, Volunteer Carillonneur

**stewardship 2020**

You make spectacular things possible. Your pledge ensures the many important initiatives of Grace thrive. Pledge today with the card available in your pew or at gracecathedral.org/pledge.

We pledge to Grace for the affirming, loving and intergenerational community, for the artistic and intellectual discourse, for the amazing liturgy and preaching, for the cathedral’s willingness to innovate, for the vibrant family programs, for social justice work and for the oasis of peace and compassion. We can’t imagine our lives without Grace!

— Heather Millar and Peter Young

**music, arts and ideas**

**The Forum with Joan Williams**

Sunday, March 15 • 9:30 a.m. • Gresham Hall

The legal scholar and author of What Works for Women at Work and White Working Class on bridging the differences in gender, class, race and work.

**CODA Concerts Clinic and Performance**

Monday, March 16 • Clinic: 9:30 a.m. • Performance: 1:30 p.m. Cathedral

A workshop for aspiring singers and goal-oriented choirs, followed by a National Choral Festival performance with composer-in-residence Dr. Z. Randall Stroope. Tickets at door.

**Veriditas Labyrinth Facilitator Training**

Sunday, March 15 & Monday, March 16 • 9 a.m. - 5 p.m. Chapter Room

Led by Lauren Artress, Veriditas Labyrinth Facilitator; this training prepares people to introduce others to the labyrinth. Register at veriditas.org.

**Daybreaker at Grace**

Friday, March 20 • 7 p.m. • Cathedral

Daybreaker SF, the west coast branch of a worldwide early morning dance movement, returns for an evening of yoga and dance at dusk in our beautiful cathedral. Tickets at daybreaker.com.

**community**

**Summer Arts Camp - Sign Up Now!**

Monday, June 22 - Friday, June 26 • 10 a.m. - 4 p.m. • Cathedral

Work with inspiring artists from Little Opera, Alonzo King LINES Ballet and the world of visual art to create, build and have fun! For children entering grades 1-6. Space is limited so register at gracecathedral.org/summercamp.
cathedral worship

**Sunday**
- Nursery: 8 a.m.–1 p.m.
- Eucharist: 8:30 a.m.
- Sunday School: 10:45 a.m.
- Choral Eucharist: 11 a.m.
- Evensong: 3 p.m.
- Evening Eucharist: 6 p.m.

**Monday - Friday**
- Morning Prayer: 9 a.m.
- Holy Eucharist: 12:10 p.m.
- Evening Prayer: 5:15 p.m.

**Tuesday**
- Yoga: 6:15 p.m.

**Wednesday**
- The Vine: 6:30 p.m.
- Contemporary Worship

**Thursday**
- Holy Eucharist: 7:30 a.m.
- Choral Evensong: 5:15 p.m.

**Saturday**
- Morning Prayer: 9 a.m.
- Evening Prayer: 3 p.m.

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**The Forum**

The Forum is a series of stimulating conversations about the issues of our day. Events take place at Gresham Hall on Sundays at 9:30 a.m. unless otherwise noted. Free and open to all. For more information, visit [gracecathedral.org/forum](http://gracecathedral.org/forum).

March 8: **Dr. Hatem Bazian**, co-founder and Professor of Islamic Law and Theology at Zaytuna College, the first accredited US Muslim liberal arts college, on Palestine and Palestinians.

March 15: **Joan Williams**, legal scholar and author of *What Works for Women at Work* and *White Working Class* on bridging the differences in gender, class, race and work.


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**when we’re open**

Cathedrals: Open daily 8 a.m. – 6 p.m. (Thursday open 7 a.m.).

Columbarium: Sunday 9:30 - 10:30 a.m. and 12:30 - 1:30 p.m.

Docents generally available: Monday - Friday 1 – 3 p.m. • Saturday 11:30 a.m. – 1:30 p.m. Sunday after the 11 a.m. service (meet at the font).

Get connected, stay connected
Follow us on Facebook ([@gracecathedralsf](https://www.facebook.com/gracecathedralsf)), Instagram ([@gracecathedral](https://www.instagram.com/gracecathedral)), YouTube ([Grace Cathedral San Francisco](https://www.youtube.com/gracecathedral)), Twitter ([@gracecathedral](https://twitter.com/gracecathedral)) and follow our dean on Twitter ([@MalcolmYoung](https://twitter.com/MalcolmYoung)). Sign up for Cathedral Highlights, our weekly events email, or for congregation updates at [gracecathedral.org/connect](http://gracecathedral.org/connect).

Listen to sermons and services online

The 11 a.m. Sunday Eucharist and 5:15 p.m. Thursday Evensong are posted on our website for a week after each service. Subscribe to the sermons through iTunes or listen at [gracecathedral.org/listen](http://gracecathedral.org/listen).

**Prayer Requests**

To request prayers of thanksgiving or intercession, email prayer@gracecathedral.org. Every day, our prayer team tends to the concerns of the community and remembers those who have died.

**Cathedral Clergy and Program Staff**

The Rt. Rev. Marc Handley Andrus, Bishop, Diocese of California • bishopmarc@diocal.org • (415) 673-0606

The Very Rev. Dr. Malcolm Clemens Young, Dean • dean@gracecathedralsf.org • (415) 749-6321

The Rev. Canon Dr. Ellen Clark-King, Canon for Social Justice • ellen@gracecathedral.org • (415) 749-6364

The Rev. Mary Carter Greene, Director of Children, Youth and Family Ministry • maryg@gracecathedral.org • (415) 749-6369

The Rev. Canon Jude Harmon, Director of Innovative Ministries • judeh@gracecathedral.org • (415) 749-6314

The Very Rev. Dr. Alan Jones, Dean Emeritus

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Grace Cathedral is an Episcopal Church, a member of the worldwide Anglican Communion.