

GRACE  
CATHEDRAL

*Our vision* **A spiritually alive world**  
*Our mission* **Reimagining church with courage, joy and wonder**



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# The Third Sunday after the Epiphany

*Sunday, January 26, 2020*

*11 a.m. Holy Eucharist*

## Welcome to Grace Cathedral



Welcome to this sacred place where we are reimagining church with courage, joy and wonder.

Every year we choose a theme to help us explore new ideas and to listen for God's calling. **In 2020 our theme is the Year of Bridges.** With the 150<sup>th</sup> anniversary of African American male suffrage, the 100<sup>th</sup> anniversary of women's suffrage, the 75<sup>th</sup> anniversary of the United Nations and the November elections, we will explore how to heal divisions, reach across to what is new and form connections with people who differ from us.

This year we will listen together, eat together and study what others are experiencing, how others find holiness.

We invite you to build your own bridges and to find a connection with this joyful community, even if your visit is short. How is God inviting you to be more truly alive today?

May God bless you in this holy place!

*- The Very Rev. Dr. Malcolm Clemens Young, Dean of Grace Cathedral*

- **If you are new to Grace Cathedral**, please introduce yourself and fill out a welcome card so we can be in touch with you. We're glad you're here!
- **Join us for coffee and conversation** across the plaza in the Chapter House after the 8:30 a.m. and 11 a.m. services.

## about today's readings

Isaiah 9:1-4; Psalm 27:1, 4-9; 1 Corinthians 1:10-18; Matthew 4:12-23

*Reading texts can be found at the end of the service leaflet*

The season of Epiphany is all about light: light shining in the darkness, divine light illuminating the unlikely places and people. The light of the star that guided the Magi to Bethlehem grows brighter and brighter as our lectionary offers us stories of the surprising ways that God enlightens our lives and world.

Our readings from Isaiah and Matthew are inextricably tied together, bound by prophecies fulfilled and promises of light made manifest. A land long forgotten, the land of Zebulun and Naphtali, Galilee of the nations is suddenly ushered into the spotlight. The birth of the Messiah brings recognition and glory to an unglamorous but vitally important corner of the world. The people who walked in darkness see a great light, the light of God's salvation breaking into our world and proclaiming that the divine reign has drawn very near.

Throughout the Bible, God's light shines, not on the rich and powerful, but on the humble and forgotten. This Epiphany, where is God's light shining in our own world? What unglamorous, neglected corners of our own lives are being illuminated by God's glory? And how are we, like the disciples, being invited to share that divine light with a world in need?

The Lord is our light and our salvation. Of whom shall we be afraid?

*- The Rev. Kristin Saylor, Director of Formation*

## highlights



### Annual Meeting of the Congregation

*Today • 9:30 a.m. • Gresham Hall*

Gather with the congregation, bishop, dean and leadership to elect representatives and explore our 2020 theme of bridges. All pledging members of the congregation may vote. Pledges can also be submitted at the meeting.



### Organ Recital with Robert McCormick

*Today • 4 p.m. • Cathedral*

Hear the organist and choirmaster of St. Mark's Episcopal Church, Philadelphia, with a reception to follow. Co-sponsored by the SF chapter of the American Guild of Organists.



### Grace Cathedral Sound Bath

*Monday, January 27 • 7:30 p.m. • Cathedral*

Be transported to that elusive, quiet refuge inside every human heart. Bring your yoga mat and/or blanket for cozy fun. This event usually sells out so get tickets now at [eventbrite.com](https://www.eventbrite.com).

# The Holy Eucharist

THE THIRD SUNDAY AFTER THE EPIPHANY • 26 JANUARY 2020 • 11 AM

Ask an usher about child care and Sunday school, hearing assistance devices, or large-print leaflets.  
Restrooms are located on the lower level corridor. Please silence any audible electronics  
and refrain from taking video or photos during the service.

VOLUNTARY

*Rondo ostinato and Sarabande*

Seth Bingham

## The Gathering

The people stand as the procession enters.

INTROIT

Sung by the choir.

George Talbot

(Psalm 62:1-6; see BCP p. 669 for text.)

HYMN 542

Sung by all, standing.

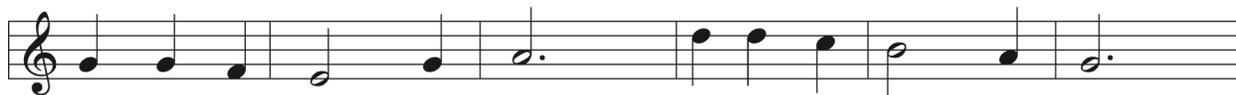
St. Joan



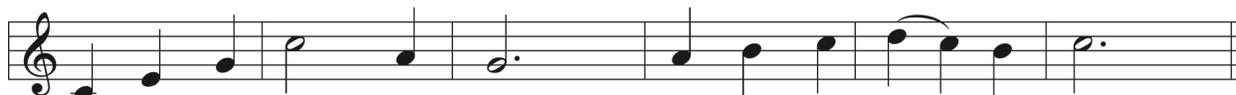
Christ is the world's true Light, — its Cap-tain of sal - va - tion,  
In Christ all rac - es meet, — their an-cient feuds for - get - ting,  
One Lord, in one great Name — u-nite us all who own thee;



the Day-star clear and bright — of ev - ery race and na - tion;  
the whole round world com - plete, — from sun-rise to its set - ting;  
cast out our pride and shame — that hin-der to en - throne thee;



new life, new hope a - wakes, — for all who own his sway:  
when Christ is throned as Lord — all shall for - sake their fear,  
the world has wait - ed long, — has tra-vailed long in pain;



free-dom her bond - age breaks, — and night is turned to day.  
to plough-share beat the sword, — to prun-ing - hook the spear.  
to heal its an - cient wrong, — come, Prince of Peace, — and reign.

text: George Wallace Briggs (1875-1959), alt.; music: Percy E. B. Collier (1895-?)

OPENING ACCLAMATION

Bishop Blessed be the one, holy and living God.  
People **Glory to God for ever and ever.**

**Choir** Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## COLLECT OF THE DAY

**Bishop** May God be with you.

**People** **And also with you.**

Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Word of God

Readings can be found at the end of this service leaflet.

## THE FIRST READING

The people sit.

Isaiah 9:1-4

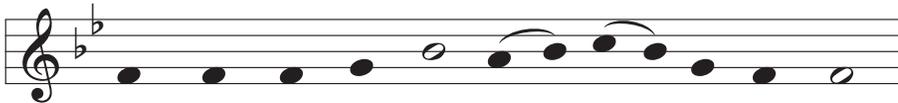
**Reader** The Word of the Lord.

**People** **Thanks be to God.**

## PSALM 27: 1, 4-9

The people remain seated.

William Wolstenholme



**Choir, then all repeat** **The LORD is my light and my sal - va - tion.**

**Choir** The LORD is my light and my salvation; whom then shall I fear? \*  
the LORD is the strength of my life; of whom then shall I be afraid?  
And though war should rise up against me, \*  
yet will I put my trust in the LORD.

One thing have I asked of the LORD; one thing I seek; \*  
that I may dwell in the house of the LORD all the days of my life;  
To behold the fair beauty of the LORD \*  
and to seek God in the temple.

**All** **The LORD is my light and my salvation.**

For in the day of trouble the LORD shall shelter me in safety; \*  
the LORD shall hide me in the secrecy of the holy place  
and set me high upon a rock.

Even now the LORD lifts up my head \*  
above my enemies round about me.

Therefore I will offer in the holy place an oblation  
with sounds of great gladness; \*

I will sing and make music to the LORD.

**All** **The LORD is my light and my salvation.**

THE SECOND READING

1 Corinthians 1:10-18

Reader The Word of the Lord.

People Thanks be to God.

HYMN 125

Sung by all, standing.

Perry



1 The peo-ple who in dark-ness walked have seen\_\_\_ a glo-rious light;  
 2 To hail thy ris-ing, Sun of life, the ga - thering na-tions come,  
 3 To us the prom-ised Child is born, to us\_\_\_ the Son is given;  
 4 His name shall be the Prince of Peace for ev - er-more a - dored,  
 5 His power in-creas-ing still shall spread, his reign\_\_\_ no end shall know;



1 on them broke forth the heaven-ly dawn\_ who dwelt in death and night.  
 2 joy - ous as when the reap-ers bear\_\_ their har-vest trea-sures home.  
 3 him shall the tribes of earth o-bey,\_\_ and all the hosts of heaven.  
 4 the Won-der-ful, the Coun-sel-lor,\_\_ the might-y God and Lord.  
 5 jus - tice shall guard his throne a-bove,\_\_ and peace a-bound be - low.

text: John Morison (1749-1798), alt.; para of Isaiah 9:2-7; music: Leo Sowerby (1895-1968), alt.

THE HOLY GOSPEL

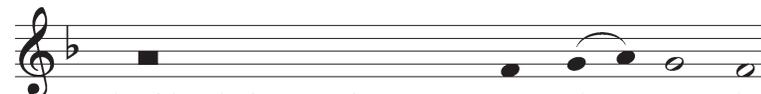
The choir alone sings the first Alleluia, then the people join in.

Matthew 4:12-23



Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Choir Jesus preached the Good News of the kingdom



People And healed every disease a - mong the\_\_\_ peo-ple.

All repeat the three Alleluias.

Before the Gospel The Holy Gospel of our Savior Jesus Christ according to Matthew.

All Glory to you, Lord Christ.

After the Gospel The Gospel of the Lord.

All Praise to you, Lord Christ.

THE SERMON

A period of silence may follow.

The people sit.

The Right Rev. Marc Handley Andrus  
Bishop of California

## THE NICENE CREED

The people stand.

All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord,  
Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the  
Virgin Mary, and was made man.  
For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is  
seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and  
the Son. With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the  
dead, and the life of the world to  
come. Amen.

## THE PRAYERS OF THE PEOPLE

After each petition Radiant Christ, hear our prayer.

The Bishop adds a concluding collect

## THE CONFESSION OF SIN

The people may kneel.

Let us confess our sins  
against God and our neighbor.

All Most merciful God, we confess  
that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.

We have not loved you  
with our whole heart;

we have not loved our neighbors  
as ourselves.

We are truly sorry  
and we humbly repent.

For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

The Bishop pronounces God's absolution.

## THE PEACE

Bishop The peace of Christ be always with you.

All And also with you.

All may greet each other in the name of Christ.

## WELCOME AND ANNOUNCEMENTS

The people sit.

# The Holy Communion

## OFFERTORY SENTENCE

An offering will be received for the ministries of Grace Cathedral. Thank you for your generosity.

## ANTHEM

Sung by the choir.

Herbert Sumsion

They that go down to the sea in ships and occupy their business in great waters;  
these men see the works of the Lord, and his wonders in the deep. For at his

word the stormy wind ariseth, which lifteth up the waves thereof. They are carried up to the heaven, and down again to the deep. Their soul melteth away because of the trouble. They reel to and fro and stagger like a drunken man, and are at their wits end. So when they cry unto the Lord in their trouble, he delivereth them out of their distress. For he maketh the storm to cease, so that the waves thereof are still. Then are they glad because they are at rest: and so he bringeth them unto the haven where they would be. Psalm 107:23-30

The people stand as representatives of the congregation bring the people's offerings of bread, wine, and money to be placed on the Altar.

## THE GREAT THANKSGIVING

*Enriching our Worship, Prayer 3*

Bishop The Lord be with you. People And al - so with you.  
Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

**Bishop, continuing** Therefore we praise you, joining our voices with Angels and Archangels, and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name:

## SANCTUS (WLP-859)

Sung by all.

Ronald Arnatt

(Organ) All Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,  
(The choir alone) All heav-en and earth are full of your glo - ry.  
Ho-san-na, Ho - san - na, Ho-san-na in the high - est.  
Bless - ed is he who comes in the name of the Lord.  
Ho-san-na, Ho - san - na, Ho-san-na in the high - est.

text: trad.; music: by Ronald Arnatt (b. 1930)

**Bishop, continuing** ... we acclaim you, O Christ:

**All Dying, you destroyed our death. Rising, you restored our life.  
Christ Jesus, come in glory!**

**Bishop, concluding** By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory is yours, almighty God, now and for ever.

**All A-MEN.**

Bishop And now, as our Savior Christ has taught us, we are bold to pray,

Our Fa-ther, who art in hea - ven, hal - low - ed be thy Name, thy king - dom come,  
thy will be done, on earth as it is in hea - ven. Give us this day our dai - ly bread.  
And for - give us our tres - pas - ses, as we for - give those who tres - pass a - gainst us.  
And lead us not in - to temp - ta - tion, but de - liv - er us from e - vil.

text: trad.; music: Plainsong, adapt. Charles Winfred Douglas (1867-1944)

### THE BREAKING OF THE BREAD The Bread is broken. Silence follows.

The choir alone sings the first Alleluia, then the people join in.

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Choir Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

All repeat the three Alleluias.

### INVITATION TO COMMUNION

The Bishop invites the people to come forward for Communion.  
All who seek God and are drawn to Christ are welcome at God's table.

Gluten-free Communion wafers are available at the north altar rail; please ask the Communion minister. It is our custom to consume the Bread and sip the Wine directly from the cup. You are invited to guide the cup with your hands. If you choose not to receive either the Bread or the Wine, simply cross your arms over your chest and respond "Amen" when it is presented.

Ministers are available for shared prayer for healing  
in the AIDS Interfaith Chapel at the rear of the cathedral.

### AGNUS DEI

Sung in Latin.

Ives

Choir Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us peace.

### MOTET

Sung in Latin.

Gerald Near

Choir O sacred banquet in which Christ is received, the memory of his Passion renewed, the mind filled with grace, and a pledge of future glory given to us.  
Alleluia.

Antiphon to the Magnificat  
Second Vespers on the Feast of Corpus Christi

**POSTCOMMUNION PRAYER** After all have received Communion, the people stand.

Let us pray.

**All** Eternal God, heavenly Father,  
you have graciously accepted us  
as living members of your Son  
our Savior Jesus Christ,  
And you have fed us with spiritual  
food in the Sacrament of his Body  
and Blood.

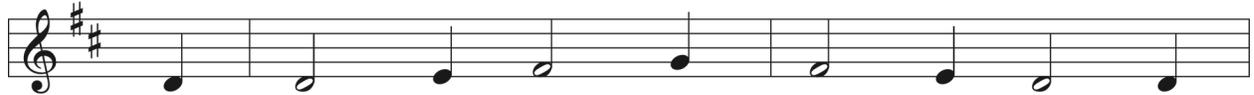
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you with gladness  
and singleness of heart;  
through Christ our Lord.  
Amen.

## The Sending Forth

HYMN 124

Sung by all, standing.

Puer nobis



1 What star is this, with beams so bright, more  
2 True spake the prophet from a far who  
3 The guiding star above is bright; with -  
4 O Je - sus, while the star of grace im -  
5 To God the Fa - ther, heaven - ly Light, to



1 beau-teous than the noon - day light? It shines to her - ald  
2 told the rise of Ja - cob's star; and east - ern sa - ges  
3 in them shines a clear - er light, and leads them on with  
4 pels us on to seek thy face, let not our sloth - ful  
5 Christ, re-vealed in earth - ly night, to God the Ho - ly



1 forth the King, and Gen - tiles to his crib to bring.  
2 with a - maze up - on the won - drous to - ken gaze.  
3 power be - nign to seek the Giv - er of the sign.  
4 hearts re - fuse the guid - ance of thy light to use.  
5 Ghost we raise our e - qual and un - ceas - ing praise.

text: Charles Coffin (1676-1749); tr. Charles Winfred Douglas (1867-1944), after John Chandler (1806-1876); alt.;  
music: melody from Trier MS., 15th Cent.; adapt. Michael Praetorius (1571-1621); harm. Cowley Carol Book, 1902

**THE BLESSING AND DISMISSAL** The Bishop pronounces God's blessing.

**Bishop** Our help is in the Name of the Lord  
**People** The maker of heaven and earth

Blessed be the Name of the Lord  
From this time forth for evermore.

The Bishop pronounces God's blessing.

**All respond** Amen.

**Deacon** Go in peace to love and serve the Lord.

**All** Thanks be to God.

## The Readings

### ISAIAH 9: 1-4

**B**ut there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness— on them light has shined. You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

### I CORINTHIANS 1: 10-18

**N**ow I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul?

I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.)

For Christ did not send me to baptize but to

proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

### MATTHEW 4: 12-23

**N**ow when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: "Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles— the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near."

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him.

Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.



Serving the assembly:

Bishop The Right Rev. Marc Handley Andrus,  
Bishop of California  
Deacons The Rev. Kenneth W. Parris, Assisting Clergy  
The Ven. Canon Nina Pickerrell, Archdeacon  
Lectors Coughlas Nelson  
Claire Griffin

Musicians The Cathedral Choir of Men and Boys  
Canon Benjamin Bachmann, The Diana  
Dollar Knowles Canon Director of Music  
Christopher Keady, Assistant Director of  
Music  
Connie Ikert, Volunteer Carillonneur

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## stewardship 2020



You make spectacular things possible at Grace.

**So far, over \$1 million raised from just over 400 families!**

All of our gifts counted together make it possible for the cathedral to accomplish great things. Help us become **100% GRACE** and reach our goal of \$1.1 million from 500 families. Make your pledge with the card available in your pew or at [gracecathedral.org/pledge](http://gracecathedral.org/pledge).

## carnivale 2020

**Save The Date! February 25, 2020**



Attend our Carnivale gala dinner or The Late Night Revelry, our glittering new after party. Your support makes cathedral life vibrant and possible! For tickets and sponsorship, go to [gracecathedral.org/carnivale](http://gracecathedral.org/carnivale).

## congregational life

### **Rick Fabian's Signs of Life: Worship for a Just and Loving People**

*Today • 4 p.m. • The Commons*

Have a glimpse into the shaping of the well-known Episcopal parish, St. Gregory of Nyssa, through a discussion with the author and Dean Malcolm Young.

### **Who Is My Neighbor: Building Bridges Towards Inclusivity and Justice**



*Thursday, January 30 • 6:30 p.m.  
Dining Room*

In an increasingly divided city, how can we find common ground and reclaim civility? We join our neighbors at GLIDE for a series of bridge-building conversations about systemic racism, poverty and climate change.

### **The Trinity College Choir Sings Evensong**

*Thursday, January 30 • 5:15 p.m. • Cathedral*  
Be enchanted by the special guest choir from Melbourne, Australia.

### **50+ Anniversary Evensong**

 *Sunday, February 23 • 2 p.m. photos & 3 p.m. service • Cathedral*  
Grace Cathedral and Bishop Marc cordially invite couples who have been married or partnered for 50 years or more. To request an invitation, go to [gracecathedral.org/50plus](http://gracecathedral.org/50plus).

## community

### **Youth Group Skate Grace**



*Sunday, February 16 • 7 p.m. • Cathedral*  
Rollerskating right in the cathedral? How cool is that! Skates are provided. Register soon with the Rev. Mary Carter Greene at [maryg@gracecathedral.org](mailto:maryg@gracecathedral.org).

## music, arts, ideas

### **The Forum with Dr. Rani Jaeger**



*Sunday, February 2 • 9:30 a.m. • Gresham Hall*

The head of the Ritual Center at the Shalom Hartman Institute speaks on the current political situation in Israel and Palestine, and how the U.S. plays a part. Dr. Jaeger also preaches at the 11 a.m. Choral Eucharist. Free and open to all.

## spacious grace

*An annual free-form arts festival at Grace when we remove the pews and invoke the muse.*

### **Alonzo King LINES Ballet World Premiere**



*Friday, February 7 & Saturday, February 8 • 7:30 p.m. • Cathedral*  
Alonzo King brings his residency to a stunning finish with this new work

performed by his company, LINES Ballet. Saturday is sold out so get Friday tickets at [eventbrite.com](http://eventbrite.com).

### **The Forum with Michael Murphy**

*Sunday, February 9 • 9:30 a.m. • Gresham Hall*

The co-founder of Esalen speaks on going where others cannot or will not go in exploring human potential. Free and open to all.

### **Organ Recital with Christopher Keady**



*Sunday, February 9 • 4 p.m. • Quire*  
Our Assistant Director of Music in concert. \$10 suggested donation.

### **Evensong for Violins of Hope**

*Thursday, February 13 • 5:15 p.m. • Quire*

A special Evensong honoring *Violins of Hope*, a collection of more than 50 string instruments played by Jews in concentration camps during the Holocaust.

### **The Forum with Avshalom Weinstein and Jake Heggie**

*Sunday, February 16 • 9:30 a.m. • Gresham Hall*

The co-founder of *Violins of Hope* and the composer of a major new chamber work honor them on the project.

### **Intonations: Songs from the Violins of Hope**



*Friday, February 21 • 7:30 p.m. • Cathedral*

This premiere performance is by Jake Heggie and Gene Scheer and part of a Bay Area-wide festival. Tickets at [eventbrite.com](http://eventbrite.com).

## film screenings

### **No Small Matter**



*Friday, January 31 • 6:30 p.m. • The Community Preschool*  
Watch the first feature

documentary on early childhood education in America. A Q&A with early care educators follows at 8 p.m. Free but RSVP at [eventbrite.com](http://eventbrite.com).

### **Traces of the Trade**

*Sunday, February 9 • 4 p.m. • Dining Room*

Join us for a special screening which looks at the history of the slave trade and its effects on the U.S. today.

## cathedral worship

### Sunday

Nursery	8 a.m. – 1 p.m.
Eucharist	8:30 a.m.
Sunday School	10:45 a.m.
Choral Eucharist	11 a.m.
Choral Evensong	3 p.m.
Evening Eucharist	6 p.m.

### Monday - Friday

Morning Prayer	9 a.m.
Holy Eucharist	12:10 p.m.
Evening Prayer	5:15 p.m.

### Tuesday

Yoga	6:15 p.m.
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### Wednesday

The Vine	6:30 p.m.
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*Contemporary Worship*

### Thursday

Morning Eucharist	7:30 a.m.
Morning Prayer	9 a.m.
Holy Eucharist	12:10 p.m.
Choral Evensong	5:15 p.m.

### Saturday

Morning Prayer	9 a.m.
Evening Prayer	3 p.m.

## The Forum



The Forum is a series of stimulating conversations about the issues of our day. Events take place at Gresham Hall on Sundays at 9:30 a.m. unless otherwise noted. Free and open to all. For more information visit [gracecathedral.org/forum](http://gracecathedral.org/forum).

February 2: **Dr. Rani Jaeger, head of the Ritual Center at the Shalom Hartman Institute**, on the current political situation in Israel and Palestine, and how the U.S. plays a part.



February 9: **Michael Murphy, co-founder of Esalen**, on going where others cannot or will not go in exploring human potential.



February 16: **Avshalom Weinstein, co-founder of Violins of Hope and Jake Heggie, composer of a major new chamber work**, about the *Violins of Hope* project.



## WINTER | 2020

### when we're open

**Cathedral:** Open daily 8 a.m. – 6 p.m. (Thursday open 7 a.m.).

**Columbarium:** Sunday 9:30 - 10:30 a.m. and 12:30 - 1:30 p.m.

**Docents generally available:** Monday - Friday 1 – 3 p.m. • Saturday 11:30 a.m. – 1:30 p.m. Sunday after the 11 a.m. service (meet at the front).



### Get connected, stay connected

Follow us on Facebook ([gracecathedralSF](https://www.facebook.com/gracecathedralSF)), Instagram ([gracecathedral](https://www.instagram.com/gracecathedral)), YouTube ([Grace Cathedral San Francisco](https://www.youtube.com/channel/UCGraceCathedral)), Twitter ([gracecathedral](https://twitter.com/gracecathedral)) and follow our dean on Twitter ([MalcolmYoung](https://twitter.com/MalcolmYoung)).



Sign up for Cathedral Highlights, our weekly events email, for congregation updates or the yoga newsletter at [gracecathedral.org/connect](http://gracecathedral.org/connect).

### Listen to sermons and podcasts online

Listen to sermons, The Forum series and our new podcast, *Above the Fog*, at [gracecathedral.org/podcasts](http://gracecathedral.org/podcasts) or wherever you get your podcasts.

### Prayer Requests

To request prayers of thanksgiving or intercession, email [prayer@gracecathedral.org](mailto:prayer@gracecathedral.org). Every day, our prayer team tends to the concerns of the community and remembers those who have died.

### Cathedral Clergy and Program Staff

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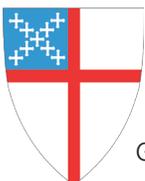
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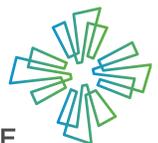


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Grace Cathedral is an Episcopal Church, a member of the worldwide Anglican Communion.



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