The Fifth Sunday after the Epiphany

5 February, 2017
11 a.m. Choral Eucharist
Welcome to Grace Cathedral

Welcome to this sacred house of prayer for all people. Those who built this place and care for it love tradition and feel passionate about engaging with what is new. If you look closely you will find images of scientists, reformers, Jewish rabbis and Roman Catholic popes, political leaders, saints, and even an astronaut. We invite you to be part of this joyful community even if your visit is short. You might ask yourself two questions: “What do I need to receive? What do I have to give?” We would be delighted to hear about your explorations. May God bless you on your journey!

– The Very Rev. Dr. Malcolm Clemens Young, Dean of Grace Cathedral

• If you are new to Grace Cathedral, please introduce yourself and fill out a welcome card so we can be in touch with you. We’re glad you’re here!
• Join us for coffee and conversation across the plaza in the Chapter House Library after the 8:30 a.m. service or in the Dining Room after the 11 a.m. service.

about today’s readings

Isaiah 58:1-9a, (9b-12), I Corinthians 2:1-12, (13-16), Matthew 5:13-20
Reading texts can be found at the end of the service leaflet.

In our readings this week, both Isaiah and Paul invite us to deepen our understanding of God’s call, challenging us to a more profound, riskier and more “foolish-looking” mode of witness to the world’s wounds and needs. They rouse us to greater collaboration with the divine response.

When actions are self-contained or self-protecting, they do not reach into the heart of our common life, or fulfill our common yearning for space to unfold our gifts and potentialities. They may satisfy the law or meet cultural norms, but we’re left hungry and restless at our core. We step out of those boundaries into uncharted territory, “in weakness, and in fear, and in much trembling.” Will the Spirit accompany us and guide us here? There’s a lot at stake.

Jesus insists that our identity and our acts as the people of God are central to our being, cannot be abandoned or defaulted upon, and carry a persistence of meaning that has a far greater impact than we can imagine. Our daily faithfulness to the deeper laws of kindness, justice, and solidarity with the vulnerable can carry us, are carrying us, closer to the kingdom of heaven—however hard this can be to see as we put one shaky foot ahead of another.

This reflection was written by Carol James, a congregant who has been part of the cathedral community for over a decade. She is the co-mentor of the Education for Ministry program, returning after serving from 2008-2013. She currently leads the evening prayer providers in our Jail Ministry and is a cathedral staff member.

highlights

Lion Dancers

Today • 11 a.m. service • Cathedral and Courtyard
The Lion Dance has been performed in Chinese New Year celebrations for thousands of years. The Kei Lun Martial Arts dance troupe will lead our retiring procession in this beautiful lunar new year tradition after the 11 a.m. service.

Mind Travel: A Live-Piano Experience from Murray Hidary

Wednesday, February 8 • 7 p.m. • Cathedral
This special evening will include a short talk about the relationship between theoretical physics, consciousness and music; a poetry reading by Kermit Goodman and the transformative piano experience “Mind Travel.” Learn more and purchase tickets at gracecathedral.org/mind-travel.
The Holy Eucharist
THE FIFTH SUNDAY AFTER THE EPHAPHNY • 05 FEBRUARY 2017 • 11:00 AM

Ask an usher about child care and Sunday school, hearing assistance devices, or large-print leaflets. Restrooms are located on the lower level corridor. Please silence any audible electronics and refrain from taking video or photos during the service.

Voluntary
Pastorale in F Major, BWV 590  J. S. Bach

The Gathering
The people stand as the procession enters.

Introit
Bethlehem of Noblest Cities, Sung by the choir  Malcolm Archer

Hymn 497
Sung by all, standing.

O right-ous Branch, O Jes-see's Rod! Thou Son of Man and In-car-nate God, put forth thy power, ride on, ride on, great

Opening Acclamation
Presider  Blessed be the one, holy and living God.
People  Glory to God for ever and ever.

The Home Prayer
Presider  Gracious God,
All  in your loving heart there is room for everyone — without exception.
Give us courage to be so at home in you that we dare make room for others.
Let your world be a place of delight and homecoming for all creation. Amen.
GLORIA IN EXCELSIS

Sung in Latin.
Mass for four voices

Choir

Gloria in excelsis

Glorious to God in the highest, and peace to God’s people on earth. Lord
God, heavenly King, almighty God and Father, we worship you, we give you
thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God, you take away the sin of the world: have mercy on
us; you are seated at the right hand of the Father: receive our prayer. For you
alone are the Holy One, you alone are the Lord, you alone are the Most High,
Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT OF THE DAY

Presider

May God be with you.

People

And also with you.

Let us pray. Set us free, O God, from the bondage of our sins, and give us
the liberty of that abundant life which you have made known to us in your
Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the
Holy Spirit, one God, now and for ever. Amen.

THE WORD OF GOD

The First Reading

The people sit.

Reader

The Word of the Lord.

People

Thanks be to God.

Psalm 112:1–9

The people remain seated. The choir sings the antiphon, then all repeat.

Antiphon

Hap-py are those who have giv-en to the poor.

Choir

Hallelujah! Happy are they who fear the Lord *
and have great delight in his commandments!
Their descendants will be mighty in the land; *
the generation of the upright will be blessed.
Wealth and riches will be in their house, *
and their righteousness will last for ever.
Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.

All

Happy are those who have given to the poor.

It is good for them to be generous in lending *
and to manage their affairs with justice.
For they will never be shaken; *
the righteous will be kept in everlasting remembrance.
They will not be afraid of any evil rumors; *
their heart is right; they put their trust in the Lord.
Their heart is established and will not shrink, *
until they see their desire upon their enemies.
They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honor.

All

Happy are those who have given to the poor.

The Second Reading

The people sit.

Reader

The Word of the Lord.

People

Thanks be to God.
Hymn 540

Sung by all, standing.

Dir, dir, Jehovah

A wake, thou Spirit of the watchmen
O Lord, now let thy fire kindle
Send forth, O Lord, thy strong Evangel

who never held their peace by day or night,
by many mesengers, all hearts to win;

condemning from the walls of Zion
and spreading the glory of redemption

contend for the foe, confiding in thy might.
break down the realm of Satan, death, and sin:

a-gainst the foe, con-fid-ing in thy might.
break down the realm of Satan, death, and sin:

Through out the world their cry is ring ing still,
the circle of the earth shall then proclaim

and bringing peoples to thy holy will.
thy kingdom, and the glory of thy Name.

text: Karl Heinrich von Bogatzky (1690-1774); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944); music: melody from Hamburger Musikalisches Handbuch, 1690

The Holy Gospel

The choir alone sings the first Alleluia, then the people join in.

Al-le-lu-ia, Al-le-lu-ia, Al-le-lu-ia.

Choir Give me understanding, O Lord;

People And I shall keep your law with all my heart.

All repeat the three Alleluias.

Before the Gospel The Holy Gospel of our Savior Jesus Christ according to Matthew.
All Glory to you, Lord Christ.
After the Gospel The Gospel of the Lord.
All Praise to you, Lord Christ.
The Nicene Creed

All
We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the
Virgin Mary, and was made man.

For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is
seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the
Father and the Son.

With the Father and the Son
he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and
apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the
dead, and the life of the world to
come. Amen.

The Prayers of the People

After each petition
Lord, hear our prayer.

The presider adds a concluding collect.

The Confession of Sin

All may kneel.

Deacon
Let us confess our sins against God and our neighbor.

All
Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

The presider pronounces God’s absolution.

The Peace

Presider
The peace of Christ be always with you.

All
And also with you.

Welcome

The Holy Communion

An offering will be received for the ministries of Grace Cathedral. Thank you for your generosity.
Blessed is the man that feareth the Lord: he hath great delight in his commandments. His seed shall be mighty upon earth: the generation of the faithful shall be blessed. Riches and plenteousness shall be in his house: and his righteousness endureth for ever. Unto the godly there ariseth up light in the darkness: he is merciful, loving, and righteous. A good man is merciful, and lendeth: and will guide his words with discretion. For he shall never be moved: and the righteous shall be had in everlasting remembrance. He will not be afraid of any evil tidings: for his heart standeth fast, and believeth in the Lord. His heart is established, and will not shrink: until he see his desire upon his enemies. He hath dispersed abroad, and given to the poor: and his righteousness remaineth for ever; his horn shall be exalted with honour. The ungodly shall see it, and it shall grieve him: he shall gnash with his teeth, and consume away; the desire of the ungodly shall perish.

— Psalm 112

The Great Thanksgiving

Therefore we praise you, joining our voices with Angels and Archangels, and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name:

Sanctus (WLP 859)

Sung by all. Ronald Arnatt

Presider, continuing

The people stand as representatives of the congregation bring the people’s offerings of bread, wine, and money to be placed on the Altar.
Presider, continuing  
... we acclaim you, O Christ:

All  
Dying, you destroyed our death. 
Rising, you restored our life. 
Christ Jesus, come in glory!

Presider, continuing  
Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory is yours, almighty Father, now and for ever.

All  
A-MEN.

The Lord’s Prayer

Presider  
And now, as our Savior Christ has taught us, we are bold to pray,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. A-men.

The Breaking of the Bread

The Bread is broken. Silence follows.
The choir alone sings the first Alleluia, then the people join in.

Al-le-lu-ia, Al-le-lu-ia, Al-le-lu-ia.

Choir  
Christ our Passover is sacrificed for us;

People  
Therefore let us keep the feast.

All repeat the three Alleluias.

Invitation to Communion

The presider invites the people to come forward for Communion. All who seek God and are drawn to Christ are welcome at God’s table. Gluten-free Communion wafers are available on request at the north altar rail. For a variety of reasons, it is our custom to consume the Bread and sip the Wine directly from the cup. You are invited to guide the cup by grasping its base. If you choose not to receive either the Bread or the Wine, simply cross your arms over your chest and respond “Amen” when it is presented.

Ministers are available for shared prayer for healing in the AIDS Interfaith Chapel at the rear of the cathedral.
Agnus Dei  
Sung in Latin.  
Monteverdi  
Choir  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us peace.

Motet  
Sung in Latin.  
William Byrd  
Choir  
Hail, true body born of the Virgin Mary; who truly suffered and was sacrificed on the cross for us. Whose pierced side flowed with water and blood, be our food before the agony of death. O merciful, holy, beloved Jesus, son of Mary.

Postcommunion Prayer  
After all have received Communion, the people stand.  
Presider  
Let us pray.  
All  
Loving God,  
we give you thanks for restoring us in your image  
and nourishing us with spiritual food  
in the Sacrament of Christ’s Body and Blood.  
Now send us forth a people, forgiven, healed, renewed;  
that we may proclaim your love to the world  
and continue in the risen life of Christ our Savior. Amen.

Hymn 371  
Sung by all, standing.  
Moscow  
Thou, whose almighty word chaos and darkness heard,  
Thou who didst come to bring on thy redeeming wing  
Spirit of truth and love, life-giving, holy Dove,  
Holy and blessed Three, glorious Trinity,  
and took their flight; hear us, we humbly pray, and, where the  
healing and sight; health to the sick in mind, sight to the  
speed forth thy flight! Move on the waters’ face bearing the  
wisdom, love, might; boundless as ocean’s tide, rolling in  
Gospel day sheds not its glorious ray, let there be light!

The Blessing and Dismissal  
The presider pronounces God’s blessing.  
All respond  
Amen.  
Deacon  
Let us go forth into the world, rejoicing in the power of the Spirit.  
All  
Thanks be to God.

Special thanks to The Kei Lun Martial Arts dance troupe for leading our retiring procession and celebration of the Lunar New Year.
The Readings

Isaiah 58:1–9a

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God.

“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless to your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

1 Corinthians 2:1–12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God’s wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, “What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him”— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God’s except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Matthew 5:13–20

Jesus said “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. “You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.
getting to know you

Meet the Rev. Dr. Ellen Clark-King
February through March

Our new Executive Pastor and Canon for Social Justice, the Rev. Dr. Ellen Clark-King, will be meeting with congregants for open conversations in a series of gatherings in relaxed home settings. View available dates and sign up at gracecathedral.org/meetellen.

annual meeting

Annual Meeting of the Congregation
Sunday, February 12 • Check-in: 9 a.m., Meeting: 9:30 a.m.
Gresham Hall

Don't miss the Annual Meeting, where you can learn about plans for 2017, vote for representatives, mingle with your friends and make new ones. The Annual Meeting is also the red-carpet premiere for a new video on what we accomplished in 2016, the year of “Home.”

special events

Equipping the Beloved Community
Saturday, February 11 • 10 a.m. - 5 p.m. • Cathedral

Gather with Episcopal laity and clergy for workshops and trainings. Free childcare is available by reservation. Admission is $10-$25 and includes lunch; scholarships are available. Register at diocal.org/equipping-beloved-community.

Winter Crab Feed
Saturday, February 18 • 5 p.m. - 7 p.m.
Chapter House Dining Room

Enjoy an informal, all-you-can-eat meal of fresh crab at this annual community event. Suggested donation of $30. Sign up to help cook and/or RSVP at gracecathedral.org/crabfeed.

music

Hans Uwe Hielscher
Today • 4 p.m. • Cathedral

Hielscher is the organist at the Marktkirche in Wiesbaden, Germany. His program will showcase European and American works.

fellowship

Book Discussion with the Dean
Wednesday, February 22 • 7 p.m. • Location TBD

Interested in being a more active participant in our democracy or creating a political culture worthy of the human spirit? Join us in a discussion of Healing the Heart of Democracy by Parker Palmer, led by Malcolm. All are welcome.

Sunday Book Study Group
Today • 4:30 p.m. • Chapter Room

Join us in discussing Howard Thurman’s Jesus and the Disinherited, the prophet-mystic’s attempt to engage us with what he called “the religion of Jesus.” Please read the Forward and Chapter One. All are welcome. For information, email Lnstrinc@yahoo.com.

rest in peace

Memorial Service for William K. Bowes Jr.
Monday, February 6 • 4 p.m. • Cathedral

Mr. Bowes was a long-time congregant, board member and great supporter of Grace Cathedral. His memorial service will take place on Monday, February 6.

spacious grace

Spacious Grace is the annual arts festival when we remove the pews and fill the space with exciting, free events.

Konevets Quartet
Wednesday, February 15 • 7:30 p.m. • Cathedral

This concert by the St. Petersburg group will offer harmonic brilliance in the rich tradition of Russian choral music.

Gabriel Gold + Sam Jackson
Saturday, February 18 • 7 p.m. • Cathedral

Featured musicians for our Tuesday night yoga and Candlelight Labyrinth Walks, the pair launch its latest album, “Live at Grace Cathedral,” with an eclectic concert.

Elegy for Ghost Ship
Thursday, February 23 • 8 p.m. • Cathedral

An evening of music in remembrance of those lost in the Oakland warehouse fire.

Miracles in Light
Friday, February 24 and Saturday, February 25 • 7 p.m. - 9:30 p.m. • Cathedral

Visit the cathedral and experience a new light art event created by our 2016 Artists in Residence Benjamin Bergery and Jim Campbell.

carnivale

Carnivale, the cathedral’s annual gala, takes place on Mardi Gras this year and will be a Carnivale like never before. One thing that never changes, though, is Carnivale’s purpose: to raise funds to support Grace’s mission to elevate compassion, inclusivity, creativity and learning. Whether it’s our wonderful choir, our devoted clergy, Dinner with Grace, Bayview Mission or yoga that you love—or all of the above—Carnivale makes sure the cathedral can continue to share these gifts. You can buy tickets and learn about sponsorship at gracecathedral.org/carnivale. Can’t attend this year? Help us by praying for Carnivale’s success and share the Facebook event and our other social media with your friends and network.
cathedral worship

**Sunday**
- Nursery: 8 a.m. - 1 p.m.
- Eucharist: 8:30 a.m.
- Sunday School: 10:45 a.m.
- Choral Eucharist: 11 a.m.
- Evensong: 3 p.m.
- Evening Eucharist: 6 p.m.

**Monday - Friday**
- Morning Prayer: 9 a.m.
- Holy Eucharist: 12:10 p.m.
- Evening Prayer: 5:15 p.m.

**Thursday**
- Holy Eucharist: 7:30 a.m.
- Choral Evensong: 5:15 p.m.

**Saturday**
- Morning Prayer: 9 a.m.
- Evening Prayer: 3 p.m.

The Forum

The Forum is a series of stimulating conversations in relation to the important issues of our day. This season, we’ve included some Tuesday evening dates in addition to our regular Sunday morning program. For more information on upcoming guests and past visitors, visit gracecathedral.org/forum.

February 19: Carey Perloff, Artistic Director of ACT, takes us behind the scenes of the theater production of *A Thousand Splendid Suns*.

Get connected, stay connected

Follow us on Facebook (facebook.com/gracecathedralsf) and Twitter (@gracecathedral). Sign up for our weekly events email, Cathedral Highlights, or for congregation updates, at gracecathedral.org.

Listen to sermons and services online

The 11 a.m. Sunday Eucharist and 5:15 p.m. Thursday Evensong are posted on our website for a week after each service. Subscribe to the sermons through iTunes or listen: gracecathedral.org/listen

Prayer Requests

To request prayers of thanksgiving or intercession, email prayer@gracecathedral.org. Every day, our prayer team tends to the concerns of the community and remembers those who have died.

Cathedral Clergy and Program Staff

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Grace Cathedral is an Episcopal Church, a member of the worldwide Anglican Communion.